

# Sounds as Stimulations.

## Notifications:

(Formerly known as Echo, commonly called Pinging).

Notifications are either alerts or notices depending on the importance of the message.

## INSTRUCTION SHEET:

In Mail-Art, the artist gets involved in a free exchange with somebody, and the value lies in the exchange, it is a call for interaction.

Observe what type of sound stimulates you to take an action. Notifications sounds that you receive are a way to inform you that someone took an action that affects you.

You are free to create a sound that motivates you to take an action.

The sound must not last more than 60 seconds.

It could be any sound you would like to create, not necessarily connected to notifications or the like